My New Year Booklet

Name: _____

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Reflecting on the Past Year

I enjoyed:

I did not enjoy:

I did well:

I could do better:

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Thoughts about the New Year

I am looking forward to:

I am worried about:

What I could do about the things I am worried about:

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Qualities I have:

I want to improve:

How I could improve:

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Resolution ideas:

How they could benefit me:

Changes I need to make:

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