



Religious Education



Year 1
RE
Friday 26th June



Why do Jewish families celebrate Shabbat?





Learning Intention

- identify Shabbat artefacts



- explain what Shabbat is and say why it is important





The Jewish Home and Family





Shabbat



- The special day for Jewish families
- Starts on a Friday when it gets dark
- It is a day of rest - no work is allowed
- Jewish people are not even allowed to cook on a Saturday!
- Families always eat together on Shabbat.
- Candles are lit and wine and bread are blessed.



Teaching and discussion



- When is our day of rest?
- Is it the same or different to the Jewish Shabbat?



- Before sunset on Friday the house is cleaned and special food is prepared.
- Everyone stops their work and grown ups come home early so that they are ready to celebrate when the sun goes down.





Kiddush

- The blessing of the wine is called 'Kiddush'
- They drink the 'Kiddush' from a special cup.





Challah

The bread that is eaten on 'Shabbat' is called 'Challah'



Challah. ... When pronouncing the "ch" in **challah** the "c" is **silent**. Rather, the "ch" is pronounced as an "h"

Challah Bread

Challah is a special plaited loaf that is bought fresh on Friday morning, ready for the Shabbat.



The loaves are covered with a special **Challah cover**, so they can't 'see' the wine when it is blessed.

Two loaves are always bought together.



Challah tastes much sweeter than normal bread. This helps remind people that **Shabbat is special**.





Kippah

- Men and boys wear a headscarf called a 'Kippah'.





They light candles in precious holders to show that the meal is special. When they light the candles they cover their eyes and say a prayer.



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The candles are always white and there are always two.

One to remember the Shabbat and one to keep the Shabbat.

When do we light candles for something special?



Other Customs



Families enjoy talking together.
Children can stay up late and tell and listen to stories. Songs are sung.



Families will visit a **Synagogue** during Shabbat.

No work can be done.
Including homework!

Havdalah is the end of Shabbat. A special plaited candle is lit and prayers are read. **Special spices** are smelt and finally the candle is put out in the wine.

Closing of Shabbat



The Havdalah candle is special because it has 6 wicks!

It is a symbol to show the family are together for the special day.

The candle is left burning until the end of Shabbat.

When it is blown out it symbolises having to go back to work and away from your family.



<https://www.bbc.co.uk/bitesize/clips/zkcd2hv>

- During the rest of the day the Jewish family will visit friends and family and enjoy being together.
- They may tell stories or sing songs.



- During 'Shabbat' Jews all over the world wish each other 'Shalom' which means peace.

It's busy time now.



You have an activity to do.



Name _____ Date __/__/__

Shabbat



1.



2.



3.



How is Shabbat different from your life?

Learning Objective

To explain what Shabbat is and say why it is important
To be able to identify Shabbat artefacts

SC1 **Must** know Shabbat lasts from sunset on Friday to sunset on Saturday

SC2 **Should** know Shabbat is a time of rest and is an important part of Jewish family life

SC3 **Could** identify Shabbat artefacts and say what they are used for



Name _____ Date ____/____/____

Shabbat



1.



- They light candles in precious holders to show that the meal is special.
- When they light the candles they cover their eyes and say a prayer.



The candles are always white and there are always 2.

One to remember the Shabbat and one to keep the Shabbat.

When do we light candles for something special?

Families always eat together on Shabbat.

The bread that is eaten on 'Shabbat' is called 'Challah'



They drink the 'Kiddush' from a special cup.

3.



At the Synagogue they light a special candle called the Havdalah candle.

It is special because it has 5 wicks!

It is a symbol to show the family are together for the special day.

The candle is left burning until the end of Shabbat.

How is Shabbat different from your life?

Learning Objective

To explain what Shabbat is and say why it is important
To be able to identify Shabbat artefacts

Sc1 Must know Shabbat lasts from sunset on Friday to sunset on Saturday

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SC3 Could identify Shabbat artefacts and say what they are used for



- Must know Shabbat lasts from sunset on Friday to sunset on Saturday
- Should know Shabbat is a time of rest and is an important part of Jewish family life
- Could identify Shabbat artefacts

SHABBAT

S is for the scroll
H is for havdalah
A is for the afternoon,
when they get ready
B is for the blessing
B is for rushing round,
busy cleaning up
A is for altar
T is for talking when
they are altogether.
Rachel and Georgina

