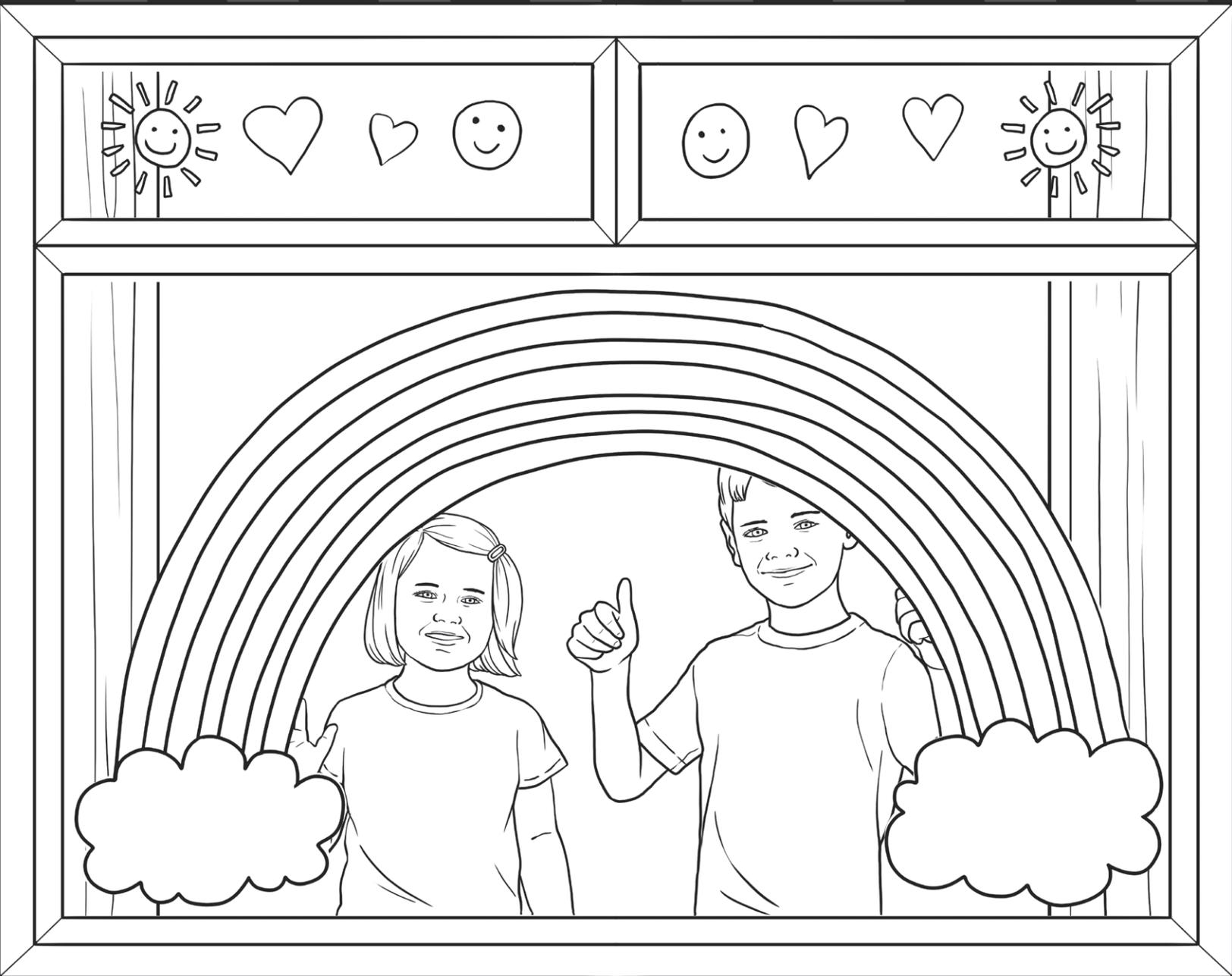


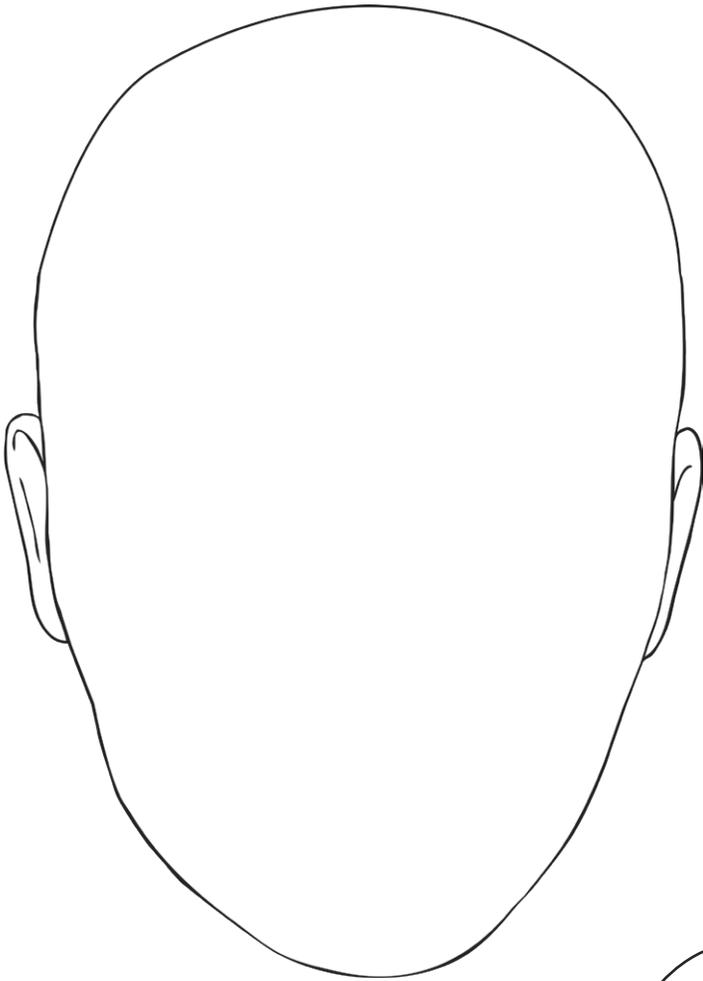
# Lockdown Time Capsule

## Activity Booklet

By \_\_\_\_\_



# How I Feel

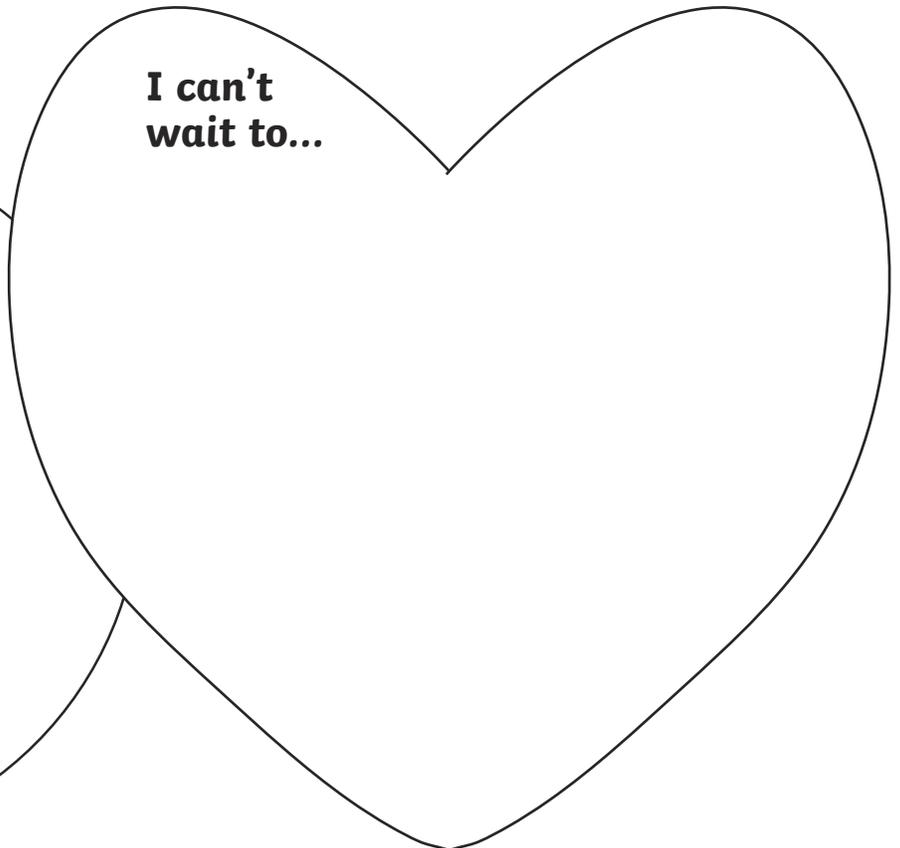
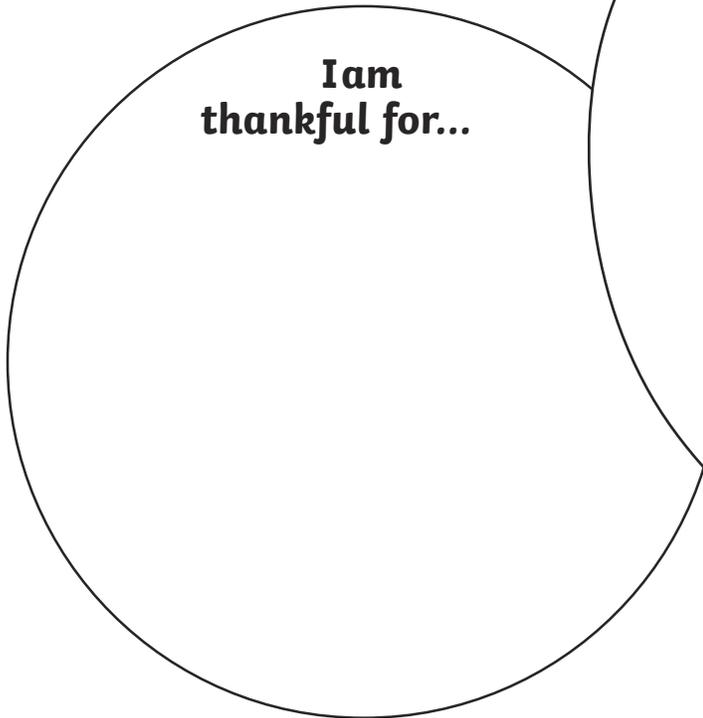


I feel...

A large empty rectangular box for writing a response to the prompt 'I feel...'

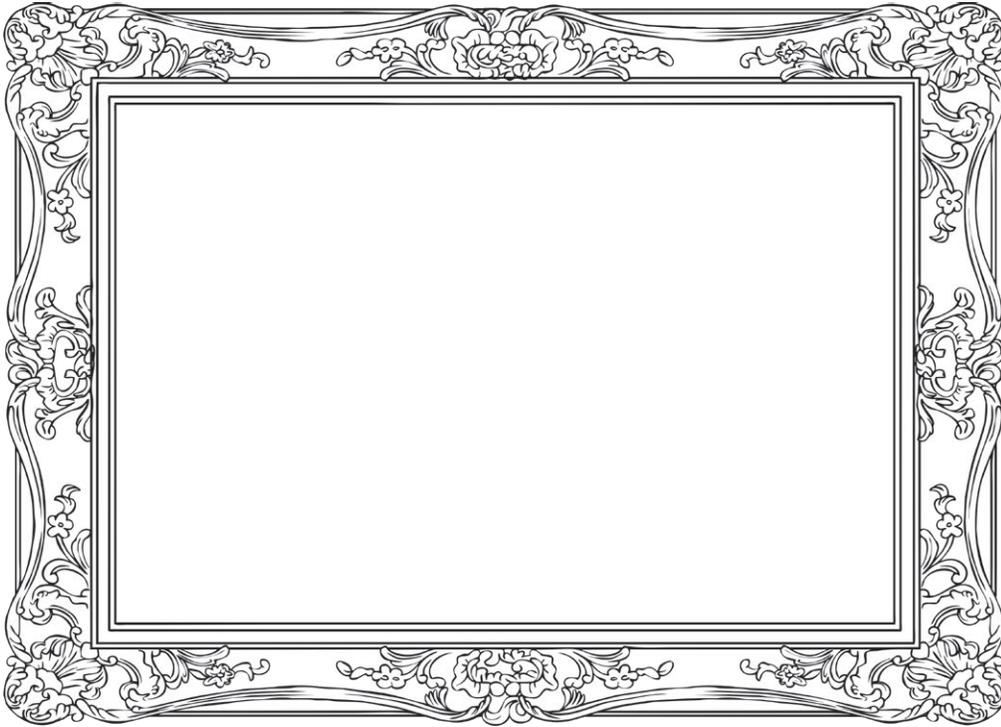
I am  
thankful for...

I can't  
wait to...



# My Family

Draw a picture of where you are living.



Draw a picture of who you are living with.



# Hands and Paws!

Can you draw around every family members' hand on the next two pages? You might like to include pets too.

Make sure everyone washes their hands before you all do this.

# Hands and Paws!

Can you draw around every family members' hand on the next two pages? You might like to include pets too.

Make sure everyone washes their hands before you all do this.



**Fun Things I'm Doing  
to Keep Busy**



**Fun Things I Am Looking  
Forward to Doing Again**