



Year 6 PSHE transition Lesson 2

Prepare to Travel to Secondary School



**To be prepared and confident
about your journey to
secondary school**

Recap: What is resilience and Smart
Moves?



Starter

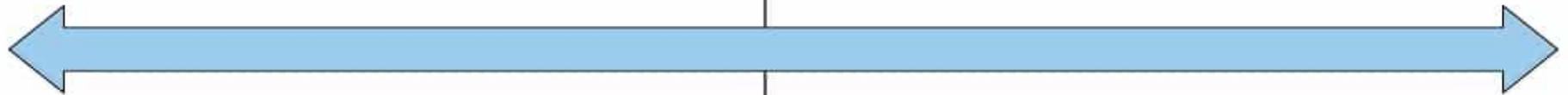
How confident do you feel about travelling to your new secondary school



Not confident



Confident



1 2 3 4 5 6 7 8 9 10



Activity

Look at page 6 & 7

This is Tom

Tom is moving to secondary school and
How he gets to school will change.

What new changes might 'Tom' face
Travelling to secondary school?

What might be the challenges he might
face?





Challenges:

Bus stop

Getting lost

Lost bus pass

What other challenges can you think of?



Activity – write your ideas down on page 6

What might change about Tom's journey to school?

1.

2.

3.

What challenges might Tom face on his new journey?

1.

2.

3.



How can Smart Moves help?

We can help you build confidence about your journey to secondary school.

Who might be travelling to school the same way?

Who already knows the way to get to school?

Will it be a different route from your current journey?

How else can you become more confident about your journey?

Complete practice journeys with a parent or older sibling.

When more confident, practice with a friend who will be sharing the same route.

What other examples can you think of?



Activity

Compete page 7 in your book

Hi, I'm Tom!
can you help me
think about how I
get to secondary
school?

Think about your journey and complete the box.
When I go to secondary school, I will travel by

This is the same as now.

This is different to now.

(Put a ✓ in the circle next to which one is right.)

What Smart Moves can help you with your journey to secondary school?

Colour these in



Question Time

Are there any further questions that you want to ask about your journey to school?

Finally

How confident do you feel now about your journey?

