

## Sport Newsletter | Summer 2022

### Spring Term

#### Cross Country

St. Paul's took a team of over 30 children to take part in the Dorking School's Cross Country Competition. All the children showed determination and perseverance as well as great team spirit, cheering each member of the team on. Well done St Paul's - you were amazing!

#### Hockey

On Thursday 3rd of March, a group of Year 6 children took part in the Dorking School's Hockey Tournament. They worked as a team and used their knowledge of game play and rules of hockey to win the Tournament.

Well done team, you did St Paul's proud.



**Life Saving—It's A Fish Out** It was a Saturday night and we don't usually go to school, but 4 year 6 children took part in a Lifesaving competition at Dorking leisure Centre against 18 other teams from across the whole county. The team worked really hard to learn about lifesaving and what to do around different bodies of water as managed to answer more questions correctly than any other team. There were 8 other practical events in the swimming pool, including throwing a rope to help rescue someone in distress, treading water, surface dives and straddle jumps. The team were a real credit to St Paul's and did amazingly well. Congratulations!



#### Rugby

What an amazing afternoon! The sun was shining and the St Paul's Year 6 Rugby team were smiling.

We got to the Rugby Tournament, which was taking place at Dorking Rigby Club and immediately got ourselves warmed up and ready to go. We were all a bit nervous but soon our excitement overtook.

We played our first match, winning 7 - 1 which really helped us with our confidence. We continued to win each of our matches with North Downs being our toughest one. It was amazing to be on the pitch again, enjoying sport. We really persevered through all our matches and showed respect to the other teams. We won the whole tournament and could not have been happier.



## Surrey Schools Cross Country—Reigate

The day started off rainy, but it soon brightened up ready for the Surrey Schools Primary School Cross Country Competition at Reigate Park.

We had 3 children take part in the Year 5 boys race, Huxley, Ethan and Ted. It was pretty nerve-wracking at the start, waiting for the gun to go off with so many children at the start line. Suddenly, it went bang and they were off!! It was a 1.8km course with 2 big hills, but the boys did amazingly well all coming in, in the first half of the field, and most importantly, with big smiles on their face.

The Year 6 girl's race was next, with Poppy C taking part, followed by the Year 6 boys race, with Rufus taking part.

They both did amazingly well both on a slightly longer, 2.2km course.

Well done to Huxley, Ethan and Poppy C who have all been selected to attend. The Surrey training days in the Autumn.



## PhysiFUN

On Thursday, a group of 6 children from year 3 and 4 were invited to take part in a PhysiFUN festival at St Martin's School with four other schools from Dorking. Lots of fun was had playing games from different Commonwealth Countries. All the children enjoyed running around on the field in the sun, learning new skills and working as a team.

Congratulations for getting to the County Finals in July. Good Luck!!

