



# **PSHE THANKFULNESS 13.07.20**

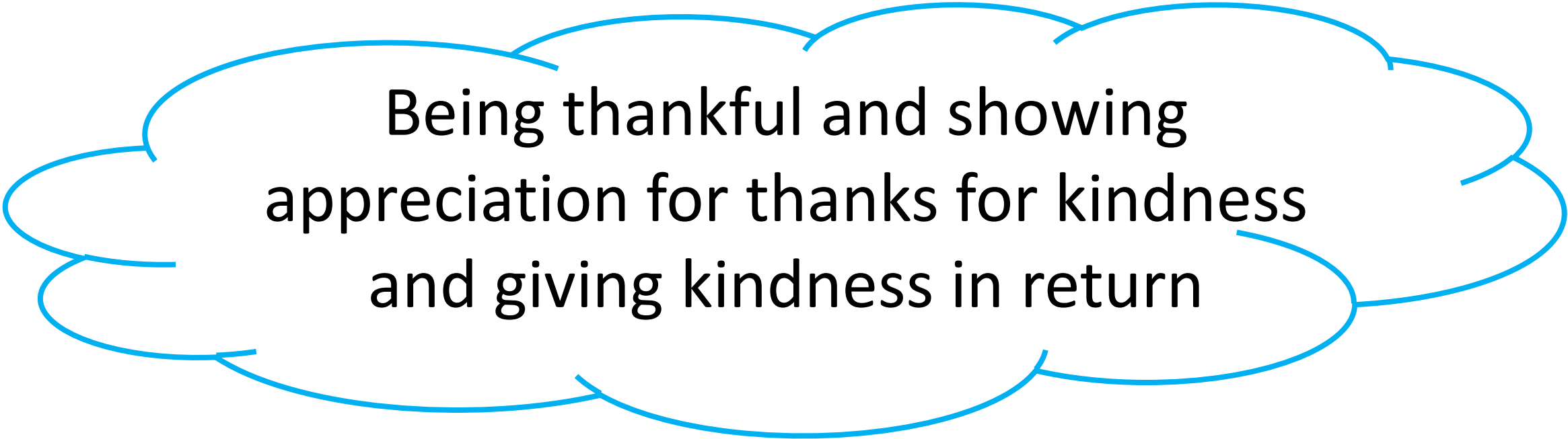
# LO – To show someone that I am thankful

- I can think of someone I would like to thank
- I can think of the reasons why I am thankful to them
- I can write a thankyou letter to that person



Start  
each day  
WITH A  
grateful  
heart

# DO YOU REMEMBER WHAT GRATITUDE MEANS?



Being thankful and showing  
appreciation for thanks for kindness  
and giving kindness in return

How can we show someone that we are thankful?

# WHO would you like to say thank you to this week?

Can you think of someone else special in your life  
who you would like to thank?

Parents

Teachers

The NHS

Key workers

Brothers and sisters

People working in school

Friends

What are you thankful to them for?    What would you say to them?

# Today's task:

- **Create a thank you card**
- Choose someone that you would like to thank ( it can be your mum/dad/grandparents/ teacher/ key worker/ a friend )
- Think about what they have done that you would like to thank them for
- If you are able to give it to the person (if they live with you) then you can or you might be able to address an envelope and post it to them instead.



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