



Thursday JULY 16th PSHE/Science

Summer Nature Walk

Aim

- To go on a Summer Nature walk and use our senses to explore what is around us.
- To be mindful about what is around us.

Activity

Today we are going to go on a walk around the school grounds/ copse and we are going to use our senses to really notice what is around us.

(Home learners: You can do this in your garden or on a walk with your family)

We are going to use our senses today.

Recap: Can you remember the 5 senses?

Smell

Taste

Sight

Touch

Hearing

We are going to use 4 of our senses today because we are not going to use taste.

You will be taking the activity sheet and a pencil with you so that you can draw things while you are outside.

You will be stopping at different places outside and focusing on what you can hear, see, feel and maybe smell around you.

We want you to really be mindful of what is around you so when we stop, we would like you to be as quiet as possible. Really concentrate on each of your sense and how you feel.

If you don't think you will remember what you noticed, when you get inside, you can draw the objects on your recording sheet while you are outside.

Finally:

- If you are at school, you can compare what you noticed around you with what your classmates did.
- If you are at home, compare what you noticed with the person who was with you on your walk.