



# Religious Education



Year 1  
RE  
Friday 19<sup>th</sup> June



Why do Jewish families celebrate Shabbat?





## Learning Intention

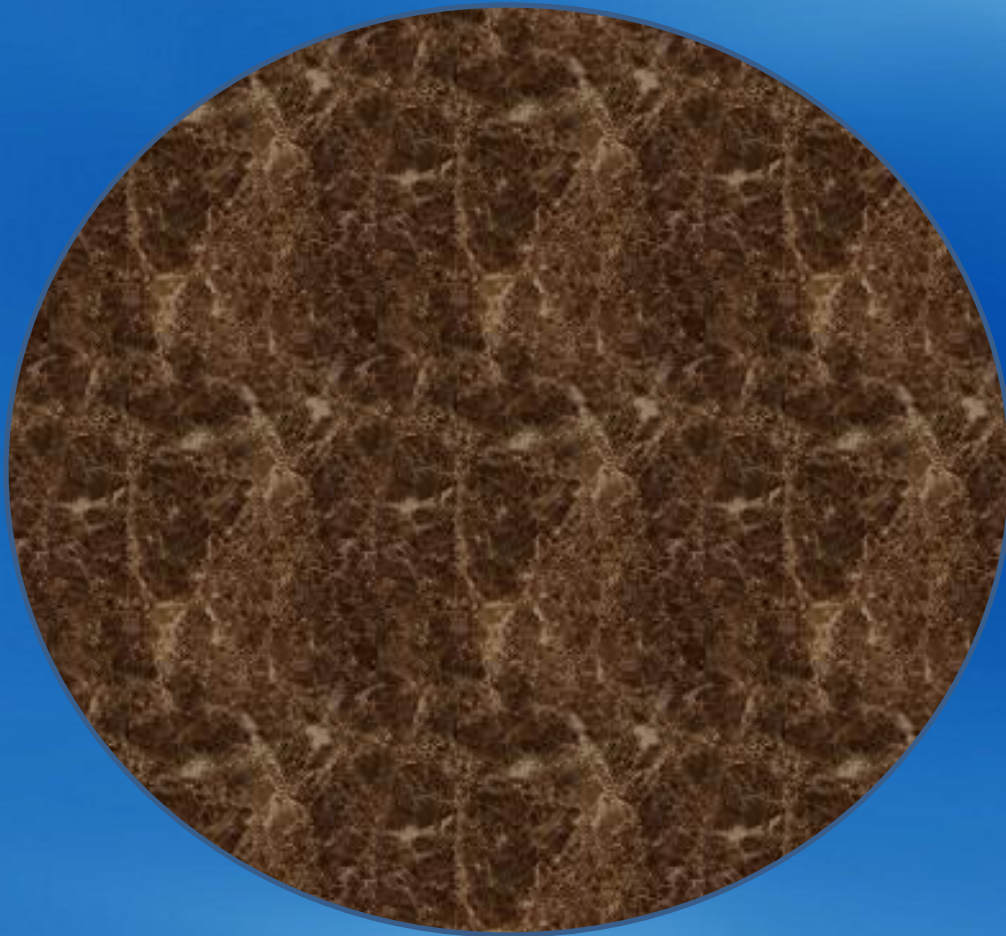
- to find out which day God rested on
- to know why this day is important to Jewish people
- understand how Shabbat is celebrated



**Before the creation there was  
nothing.**

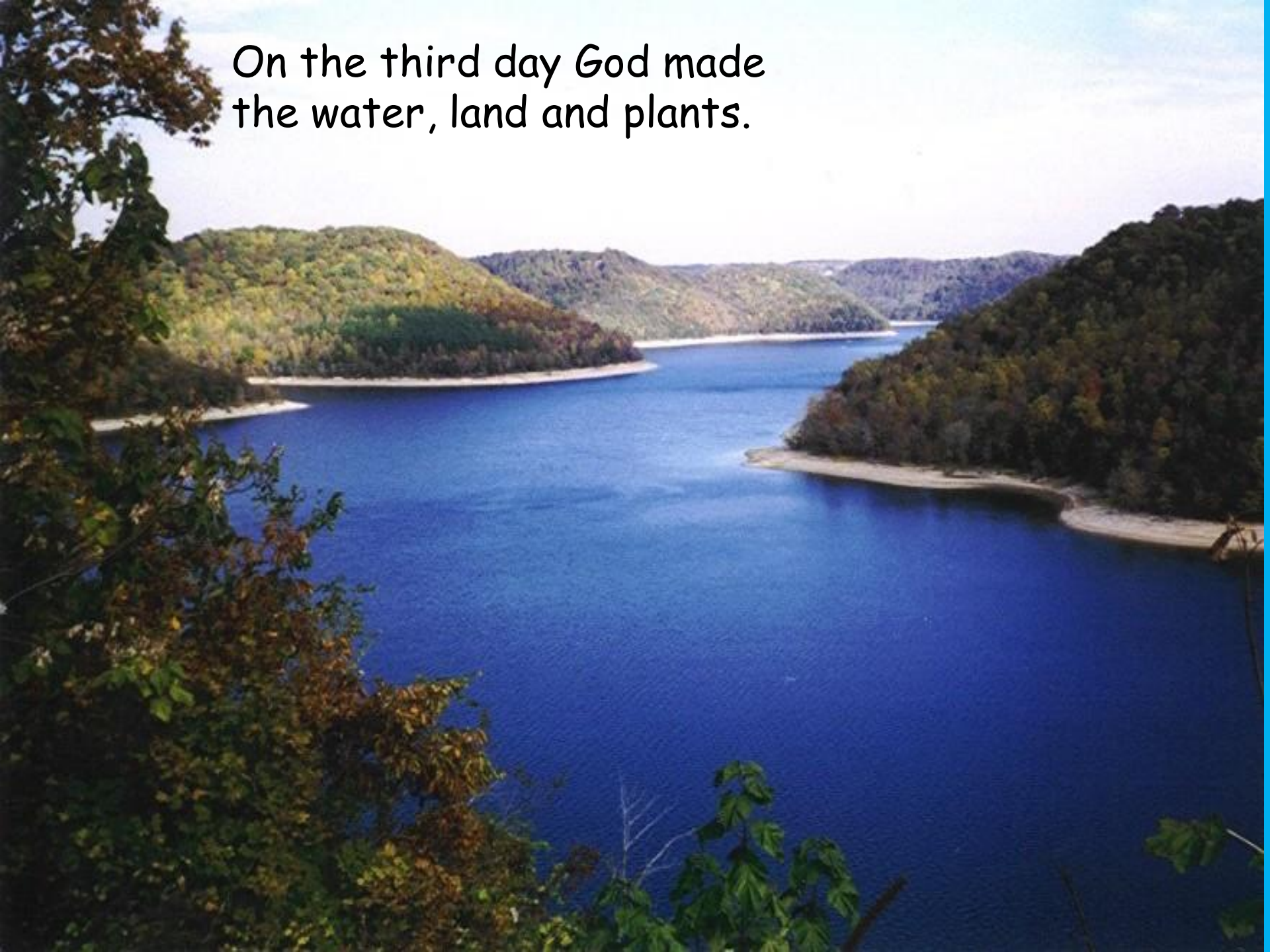
On the first day God  
made light and dark.  
That was the first day.

On the second day God made  
the earth and the blue sky.





On the third day God made  
the water, land and plants.



On the fourth day God  
made the sun and the moon.





On the fifth day God made  
the fish in the water and the birds.





On the sixth day God made  
other creatures and people.





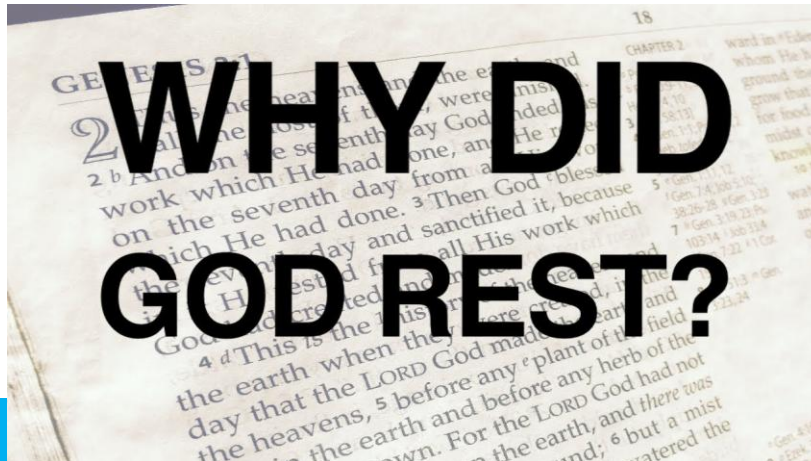
God was pleased.  
On the seventh day he rested.





# Teaching and discussion

Which day did God rest?





# What Is Shabbat?

Shabbat is an exciting and important day that Jewish people look forward to all week.

For Jewish people, Saturday is a special day, just like Sunday is special to Christians.



Shabbat is the **fourth commandment**: 'You shall remember to keep the Sabbath day Holy.' Saturday was the seventh day of the week and the day that God rested after creating the world. Ever since ancient times, Jewish people have kept the Sabbath day Holy by celebrating Shabbat.



# An introduction to Shabbat

<http://www.bbc.co.uk/education/clips/zs2hyrd>



A word cloud featuring terms associated with Shabbat. The words are arranged in a circular pattern. The most prominent words are 'Shabbat' (in green and purple), 'Songs' (in purple), 'Blessings' (in purple), 'Family' (in purple), 'Food' (in purple), 'Candles' (in purple), 'Dinner' (in purple), 'Kiddush' (in purple), 'Friends' (in purple), and 'Challah' (in purple). Smaller words include 'Shabbat' (in green), 'Songs' (in green), 'Blessings' (in green), 'Family' (in green), 'Food' (in green), 'Candles' (in green), 'Dinner' (in green), 'Kiddush' (in green), 'Friends' (in green), and 'Challah' (in green).





Jewish people have a special day and it is called Shabbat.

Shabbat is from sunset on Friday till sunset on Saturday.

Are we ready for Shabbat?

Mime a job in preparation  
for Shabbat



Can we guess  
what job you  
are doing?



Tablecloth      מפה



Candles      נרות



Challah      חלה



Wine      יין



Flowers      פרחים



Table setting  
עריכת שולחן

Yes, we are!



שבת שלום!



# Celebrating Shabbat

<http://www.bbc.co.uk/education/clips/z3hyr82>



## Description

## Classroom Ideas

A Jewish family welcomes their grandparents to celebrate Shabbat together. Just before dark, the mother lights the Shabbat candles and recites a prayer. The family drinks wine or grape juice from silver goblets and receives a blessing from the grandfather. They explain that Shabbat is a time to talk and celebrate with family.

It's busy time now.

You have an activity to do.



Learning Objective	Success Criteria
To find out which day God rested on	SC1 I know Shabbat lasts from sunset on Friday to sunset on Saturday
To know why this day is important to Jewish people	SC2 I know Shabbat is a time of rest and is an important part of Jewish family life
To understand how Shabbat is celebrated	SC3 I can explain what Jewish families can and cannot do on Shabbat

What Jewish families can and cannot do on Shabbat

Yes!

No!



SC1 I know Shabbat lasts from sunset on Friday to sunset on Saturday

SC2 I know Shabbat is a time of rest and is an important part of Jewish family life

SC3 I can explain what Jewish families can and cannot do on Shabbat

